

Name: _____ Date of Birth: _____ Date: _____

1. Why did you come to the clinic today? _____
2. Do you have any concerns to discuss with the doctor today? _____

3. Who lives in your home? _____
4. Who do you talk to when things aren't going well? _____
5. Have you ever been in counseling? ___ Yes ___ No
6. Are you in counseling now? ___ Yes ___ No
If yes, who are you seeing? _____

School

1. Are you in school? ___ Yes ___ No
If yes, what school? _____ What grade? _____
2. What do you like most about school? _____
3. Compared to last year, are your grades ___ the same ___ better ___ worse
4. Have you ever cut classes, skipped school, been expelled or been suspended? ___ Yes ___ No
5. What do you do after school? _____
6. Do you work? ___ Yes ___ No

Health Habits

1. Have you seen a dentist in the last year? ___ Yes ___ No
2. How many times a week do you exercise? _____ For how long? _____
3. What do you do for exercise? _____
4. Are you satisfied with the size or shape of your body and your physical appearance? ___ Yes ___ No
5. In the past year, have you tried to lose weight or control your weight by vomiting, taking diet pills, laxatives or starving yourself? ___ Yes ___ No
6. Does anyone in your family drink alcohol or take drugs so much that it worries you? ___ Yes ___ No
7. Do you regularly use:
 - a. Seatbelts? ___ Yes ___ No
 - b. Helmets? ___ Yes ___ No
 - c. Sunscreen? ___ Yes ___ No

Personal Concerns (Check any items below which concern or trouble you)

- | | | |
|-----------------------------|------------------------------|------------------------------|
| ___ Stress at home | ___ Anger or temper | ___ Muscle or joint pain |
| ___ Making friends | ___ Skin problems or acne | ___ Being tired all the time |
| ___ Anxiety or nervousness | ___ Diarrhea or constipation | ___ Stomach ache |
| ___ Sleeping problems | ___ Headache or migraine | ___ Dizzy spells or fainting |
| ___ Boyfriend or girlfriend | ___ Other _____ | |

Thoughts About Yourself

1. If you had four wishes, what would they be? _____

2. Is there anything about yourself or your life you would like to be different? ___ Yes ___ No
If yes, what? _____

Over the past 2 weeks, how often have you been bothered by any of the following problems?	Not at all	Several days	More than half the days	Nearly every day
a. Little interest or pleasure in doing things	0	1	2	3
b. Feeling down, depressed or hopeless	0	1	2	3

Personal Habits

During the past 12 months, did you:

1. Drink any alcohol (more than a few sips)? Yes No
2. Smoke any marijuana or hashish? Yes No
3. Use anything else to get high? Yes No
("anything else" includes illegal drugs, over the counter and prescription drugs, and things you "sniff" or "huff")
4. Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs? Yes No
5. Do you ever use alcohol or drugs to RELAX, feel better about yourself, or fit in? Yes No
6. Do you ever use alcohol or drugs while you are by yourself or ALONE? Yes No
7. Do you ever FORGET things you did while using alcohol or drugs? Yes No
8. Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use? Yes No
9. Have you ever gotten into TROUBLE while you were using alcohol or drugs? Yes No

10. Caffeine use? If yes, what type _____ Yes No
11. Do you smoke cigarettes and/or use any other tobacco products? Yes No
12. Has anyone touched you in a way that made you feel uncomfortable or forced you to do something sexual that you did not want to do? Yes No

Sexual Health

1. Are you attracted to: Males Females Not sure
2. Have you ever had sexual experiences? Yes No
If NO, go to the next section
If yes, what? Kissing Touching private parts Oral sex
 Sexual intercourse Other _____
3. How many sexual partners have you had? _____
4. Are you or your partner using a method to prevent pregnancy? Yes No
If yes, what kind of birth control? _____
5. Do you and your partner(s) always use condoms when you have oral sex and/or intercourse? Yes No
6. Have you ever had a sexually transmitted infection or disease (Herpes, Chlamydia, Gonorrhea, Genital warts)? Yes No
7. Have you been pregnant or gotten someone pregnant? Yes No

For Females

1. At what age did you start your menstrual periods? _____
2. Do you have a period every month? Yes No
3. Any problems with your periods? Yes No
If yes, what and when _____
4. Are you worried you might be pregnant? Yes No

For Males

1. Have you been taught to do a testicular self exam? Yes No
2. Have you noticed any change in the size or shape of your testicles? Yes No